

# 'Rahanni' changed my life!

I have always been able to connect with the spirit world and as a child was often told I had "an overactive imagination" so I put that to one side and carried on with life, fitting in with everyone else as we tend to do.

As a teenager I awakened my spiritual side by reading books on the subject and trusting my gut feelings as I used to call them. It really helped in life as I knew who I should trust and what was about to happen at times. However, it wasn't until I was in my twenties and I was on maternity leave that I had time to really look into this and I did a course on astrology, which had always been a fascination, and also started to connect with the tarot in a stronger way. So much so that I started doing mini readings for friends and family.

I went back to work after 8 months and although I still read my spiritual books, life was too busy working and bringing up a baby. I had a good job as a production editor in a publishing company and was lucky to find a wonderful childminder locally. I then had another child and decided I would leave work as I wasn't earning enough to cover childcare for two children and travel. However, my boss had other ideas as she didn't want me to leave so I agreed to work from home on a freelance basis which was great as it fitted round the children. I was also still doing my readings for friends and family as well as doing some for strangers (friends of friends). I found that when I laid out the cards, the words just flowed from me and people said it made so much sense and helped them enormously. I took pride in that as it gave me great fulfilment knowing that I have helped someone with their life.



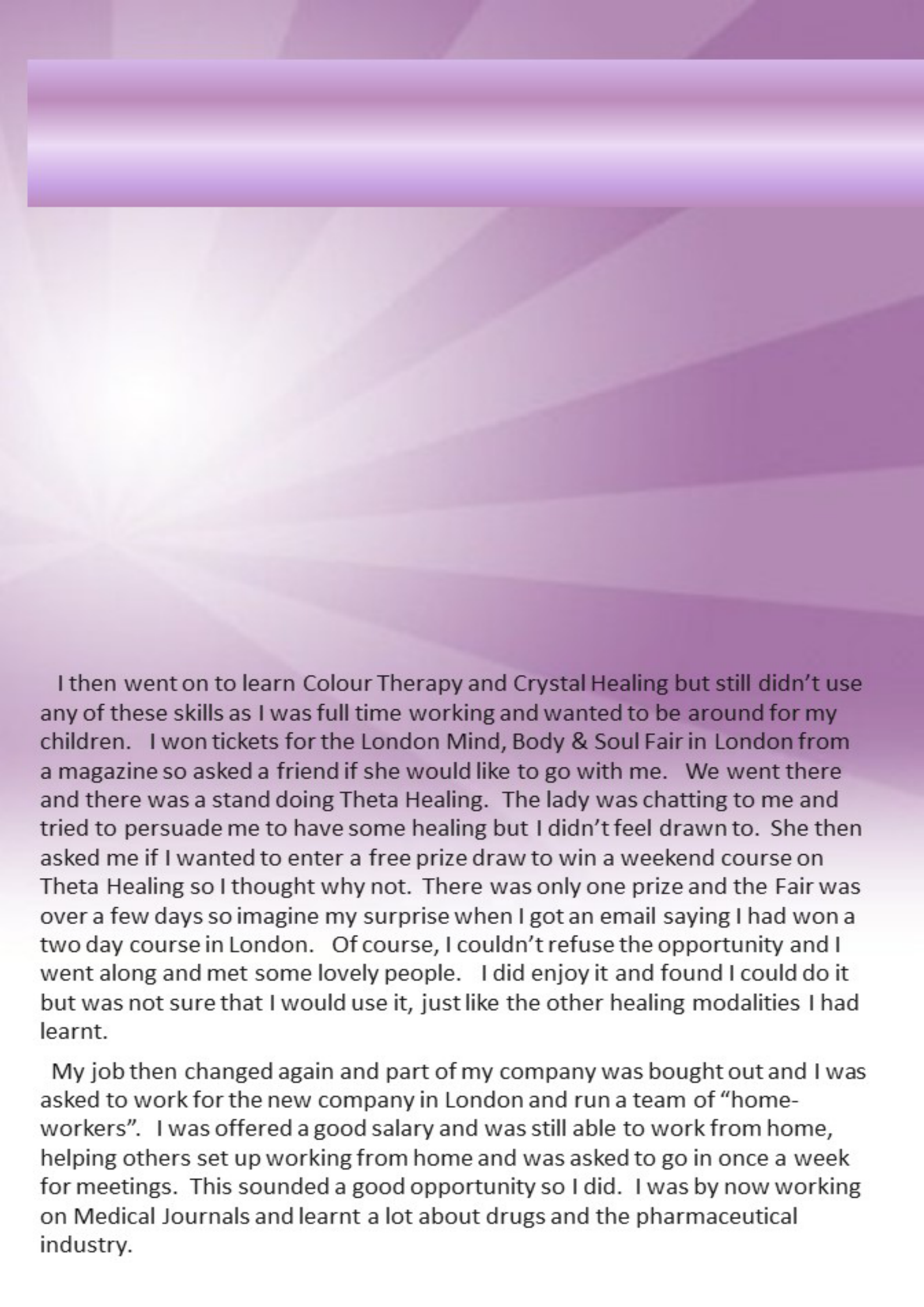
**Neshla Avey**

Six years later we moved to a new home in between Southampton and Portsmouth, where we still live. I was still working from home but a year later my company was taken over and I was told I could still work from home but would have to travel to Oxford once or twice a week for meetings and catch up with other staff. Although the journey was not much fun, it made me realise how much I missed connecting with other people since the move. I didn't have anyone around the area to read for so that little bit of interaction with others was no longer happening. The children settled well in a local school and life carried on as normal.

A few months after we moved I saw a notice for a Mind, Body & Spirit fair in our local leisure centre so decided to go along and see what was on offer. How exciting, all of my interests under one roof. I had been to a couple in

London with my mum but they were quite a trek from where I lived and were quite commercial. I went on my own as my husband wasn't into spiritual stuff at the time and I hadn't met any like-minded friends here yet. I spent the morning looking around the stalls but felt drawn to a lovely lady called Debbie who I went and had a chat to. She was doing healing so I thought I would try it. It was amazing and I could feel the energy going through my whole body. I found myself saying I wanted to learn Reiki and she told me she was going to train to be a teacher so I said "I will be your first student". It so happened that Debbie didn't get around to doing it due to family illness so she phoned me and suggested I train with her lady Molly. I phoned Molly and booked myself straight on a course and trained in Reiki levels one and then six months later level two. I had never thought of doing healing before but did enjoy it.





I then went on to learn Colour Therapy and Crystal Healing but still didn't use any of these skills as I was full time working and wanted to be around for my children. I won tickets for the London Mind, Body & Soul Fair in London from a magazine so asked a friend if she would like to go with me. We went there and there was a stand doing Theta Healing. The lady was chatting to me and tried to persuade me to have some healing but I didn't feel drawn to. She then asked me if I wanted to enter a free prize draw to win a weekend course on Theta Healing so I thought why not. There was only one prize and the Fair was over a few days so imagine my surprise when I got an email saying I had won a two day course in London. Of course, I couldn't refuse the opportunity and I went along and met some lovely people. I did enjoy it and found I could do it but was not sure that I would use it, just like the other healing modalities I had learnt.

My job then changed again and part of my company was bought out and I was asked to work for the new company in London and run a team of "home-workers". I was offered a good salary and was still able to work from home, helping others set up working from home and was asked to go in once a week for meetings. This sounded a good opportunity so I did. I was by now working on Medical Journals and learnt a lot about drugs and the pharmaceutical industry.

# 'Rahanni' changed my life!

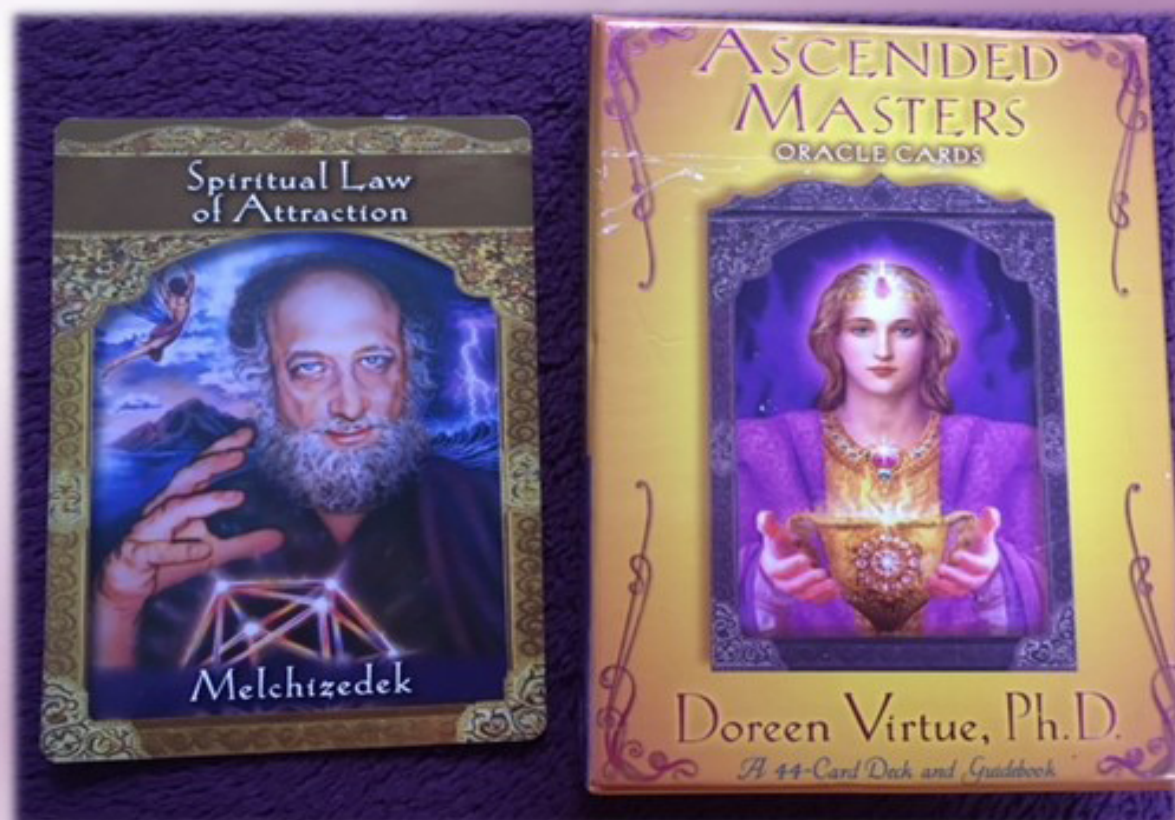
My life started to change after buying a set of Ascended Masters cards by Doreen Virtue. I kept picking the same card for days, "Melchizedek – Spiritual Law of Attraction". Being psychic, I could normally pick up a card and know what it meant, but I was not sure what he was trying to tell me. A couple of weeks later I was asked to go into London for a meeting and being a 2 ½ hour train journey I would always take a book to read to pass the time. However, on this occasion I had forgotten to bring it so popped into the newsagent before getting the train. I don't really like the girly magazines so scanned the shelves and saw a new magazine which caught my eye. It was called "High Spirit" and was a spiritual magazine so of course I had to buy this one. You may have never heard of this as it didn't last long before it sadly went out of business.

I settled down in my seat and started to read the magazine. Half way through I got to an article called "Rahanni saved my life" by a lady called Carol Anne Stacey. I started to read her fascinating story and nearly fell off the seat when I heard it had been presented to her by Lord Melchizedek! Goose bumps went down my arms and I felt very excited for some reason. I carried on reading this article and found it was wonderful for the new age children, those with autism, ADD and ADHD. My youngest son had been diagnosed with mild autism and mild ADHD so not enough to be stated. I went into work and after the meeting couldn't wait to get home and phone the lady who wrote the article. I called her as soon as I could the same day and she told me all about Rahanni Celestial Healing.





# 'Rahanni' changed my life!



I was really drawn to this and asked her if there were any teachers my way. She laughed and said she was the only teacher on the planet as she had only started teaching this year (2008). I asked her where she lived and she told me Maldon in Essex. I told my husband about it and he said that was a good 3 ½ hour drive or a lot of changes by train. He then said did I really need to do another healing course as I hadn't done much with the others! That put doubt in my mind and I thought perhaps he was right. However, the next morning when I

woke up I really felt I needed to do this course so got my ascended masters cards out and said in my head "if this is what you are trying to tell me then please show yourself". As I was shuffling the cards one dropped out on the floor and you can guess which one it was! I told my husband that I really felt I needed to do this course and he said as my birthday was in January and he never knew what to get me after Christmas then he would pay for the course if I felt I really wanted to do it. So I phoned Carol and booked the course for January 2009.



I was very excited to go to Carol's house on the morning of 10<sup>th</sup> January although the forecast was possible snow. I asked the angels to get me there and back safely and continued on my journey. Carol answered the door and I immediately felt a warm connection with her. She was such a lovely spiritual lady and was kind and compassionate. She told me all about Rahanni and how Melchizedek has come to her and taken her on a journey attuning her to a wonderful new healing modality for the golden age. She had been a Reiki master for 12 years before that and had attuned many people to Reiki but Rahanni was new so I was one of the first ever practitioners. When she attuned me to Rahanni I felt such a wave of love around my heart that tears poured down my cheeks. It was such a beautiful experience and I felt so connected to this. The day went by far too quickly but when it was time to leave I said to Carol "I will be back to teach this" and she said "I know you will". On the journey home, the snow was starting to fall but I knew I would get home safely. I was thinking while I was driving why I had said I would learn to teach it as I had never taught anything in my life before and avoided public speaking!

I practised Rahanni on myself and found my youngest son loved it too and it helped him settle at school. This was the first healing that I used and loved although I knew I had learnt the others for a reason.

### **About Rahanni**

Rahanni is a healing of balance and helps us release what no longer serves us such as negativity, anger, fear, guilt, regret etc. It works on six principles – release, highest good, visualisation, focus, meditation and truth, love and compassion. By channelling this beautiful healing light the client's highest self releases what they no longer want to hold onto and it is replaced by the wonderful pink healing ray of unconditional love. The healing opens up the person's heart centre to unconditional love and helps them learn to love themselves as well as others. It also balances the male and female sides, the right and left brain, the chakras, as well as the three minds (the conscious, the unconscious and the higher conscious) and four bodies (physical, mental, emotional and spiritual). It can help on all levels, putting everything into balance so that we can cope with life rather than getting overwhelmed with



**Me and Carol Stacey**

responsibility which is when stress sets in. It is a fifth dimensional vibration which is why it has only been brought here now as the planet has raised its vibration so we can now channel the higher energies. Rahanni works at such a deep level, it really does cut down on the healing time. It is a simple healing modality and can be taught in a day, it is gentle yet very powerful. Out of all the modalities I have learnt this is the one that I felt passionate about to teach. I always say to people, read about it and if you feel drawn to it then it is right for you – you don't find Rahanni, it finds you when the time is right!

A couple of years later work moved offices and there were not so many desks so I found I was spending less and less time with people. All the meetings were WebEx so not quite the same as being in the room with others. It was then I decided I needed to do something to meet others and because there were no spiritual classes around I decided to be brave enough to start my own.



# **‘Rahanni’ changed my life!**

This led to me teaching tarot as everyone kept asking if I could and not long afterwards I decided the time was right to teach Rahanni. I really enjoyed using my spiritual gifts again and attended psychic fayres doing readings and even organised a local fair myself which is still going strong five years on. If I hadn't learnt Rahanni I am sure I would not have been brave enough to do that. Rahanni really does change your life!

I got a lot of recommendations for readings and healing so started working from home doing this. I was still employed doing work at home and self-employed doing my psychic work in the evening and at weekends. It then got to the stage where I was exhausted doing both and found that I got a lot more satisfaction helping others that I was brave enough to leave my job. I have taught so many people to channel Rahanni and have been confident enough to do talks because I am so passionate about it. I have travelled all over the country teaching groups and my husband supports me with this. He has also become very spiritual and has even been attuned himself loving Rahanni as much as I do. In March 2017 Carol Stacey decided to retire and handed over Rahanni to me to take forward as The Founder Elect. (Carol did tell me she knew the day I walked into her room that I would be the one taking it over from her but I am so glad she didn't tell me then as I would have really panicked). Carol came down very recently to my area and we had a day with lots of lovely Rahanni students. Rahanni has now spread from a lovely lady in Essex to all over the UK and in many other countries. It is a real honour to have been asked to take Rahanni forward but then again, I know I must have signed up for this!

© Neshla Avey

To make contact with Neshla, visit her website: [www.neshlaavey.com](http://www.neshlaavey.com) where you can find out more information about her and Rahanni.